

# END OF SEMESTER YOGA



**Need to decompress  
before finals? Join the  
Sexual Harassment and  
Assault Prevention  
(SHAP) Committee for  
a free Yoga Session!**



**Instructor Miriam Woodruff is  
certified in power vinyasa since  
2015 and her style incorporates  
mindful movement with strong  
focus on breath and balance  
between strength and flexibility.**

**May 11, 2021  
1:00-1:45 PM**

**Zoom ID:  
811 9267 3994  
Password: BCCC**